



**SMASHED ONLINE  
TEACHERS' GUIDE**

## OUR MANIFESTO

Our manifesto embodies our beliefs on how we tackle underage drinking and the sense of empowerment we want to create in young people.

**SMASHED IS A LIFE-CHANGING EDUCATION**

**TACKLING UNDERAGE DRINKING WITH POSITIVE THINKING**

**TO CREATE A GENERATION PREPARED FOR PEER PRESSURE AND ARMED AGAINST NEGATIVE INFLUENCE**

**KNOWLEDGE IS POWER**

**WHEN YOU'RE STRUGGLING WITH DOUBT AND INDECISION BE PRIMED WITH INFORMATION AND UNDERSTANDING**

**AND WHEN THE WORLD INEVITABLY THROWS OUT CHOICES BE READY TO MAKE AN INFORMED ONE**

**SMASHED. ALCOHOL EDUCATION TO EMPOWER A GENERATION**

## ABOUT SMASHED

Young people have a right to an alcohol education that is honest, empowering, and inspiring. We want to be a voice of positive change for five million young people by 2025. Smashed is in over twenty-five countries around the world.

## WHAT IS SMASHED ONLINE?

Fresh, fun and engaging, Smashed Online combines engaging drama and interactive learning tools. It tells a powerful and realistic story of young people and alcohol. Learners stop and ask, 'What if that was me?' in a 60 minute e-learning course.

## LEARNING OBJECTIVES

Students observe, explore and reflect on vital underage drinking themes:

- The social and emotional causes
- The impact on young lives
- Social influence and decision making
- Where and how to help yourself and others

## HOW TO USE SMASHED ONLINE

### WHOLE CLASS SESSIONS

- Sign in using the 'Are You a Teacher?' button in advance and register the class size
- Use an interactive whiteboard or projector to complete the course as a group
- Use the interactive activities to discuss the learning points together
- Take our quick student poll before and after the course to view student progress and download the results. To keep their answers anonymous, follow the link to use our simple Heads Down Hands Up activity!

### INDIVIDUAL STUDENTS

- Email the course links to students
- Students sign up anonymously
- Students complete Smashed Online in their own time
- They will be prompted to answer simple questions so we can monitor student progress
- They can use helpful links for additional information, advice and guidance

## EMBED THE LEARNING

The experience will enthuse students about the issue of underage drinking. Why not continue the learning? Here are some simple ideas you can deliver in class.

- QUIZ** Create a quiz for students on alcohol and its dangers. Include questions about what happened in the Smashed story including the consequences of drinking alcohol for each character.
- GRAPHIC DESIGN / ART** Students can champion the dangers of underage drinking by creating posters or online adverts. Encourage them to use the challenges and dilemmas the characters faced in the story.
- DRAMA** Use the storyline as inspiration for students to create their own scenes, adverts, and plays around underage drinking. Help them to explore peer pressure and create alternative endings to Smashed!
- CREATIVE WRITING** Students imagine they are a friend or relative of a character at a point in the film. What might they advise them in an email or letter? Or they can write a newspaper article about the incident at the end of the story.
- COMPETITION** Young people often have the best ideas. Run a competition where they compete to create campaigns on the dangers of underage drinking, showcasing their work to others.
- MEDIA** Students can re-create scenes from Smashed on film or make a documentary about the dangers of underage drinking.



## KEEP IN TOUCH

Thank you for having Smashed in school, and helping young people learn about underage drinking. We also hope Smashed has provided a unique, creative learning experience that enriches the curriculum. Please share your experience of Smashed with us and other educators too!

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